

ডোমকল, মুর্শিদাবাদ, ৭৪২৩০৩ ই-মেইল: domkalgirlscollege@gmail.com ফোন নং: ০৩৪৮১-২৩০১৪৯ / M-৭৪০৭০০০৭৮৮



DOMKAL GIRLS' COLLEGE

Domkal, Murshidabad, 742303 E-mail: domkalgirlscollege@gmail.com Ph: 03481-230149 / M-7407000788

Date: 12/09/2024

Ref. No. DGC/N/394/2024

Notification for Regular Health Check-up for All Students

Date: Every Friday Time: 12:30 pm onwards **Venue: College Health Center**

All students are hereby informed that a regular health check-up will be conducted every Friday under the aegis of Health and Soft Skill Management Cell, starting from 13/09/2024. The checkup is mandatory for all students, and attendance will be taken.

Health Check-up Components:

- Height and weight measurement
- Blood pressure check
- Body mass index (BMI) calculation
- Visual acuity test
- General physical examination Reporting Time: 12:35 pm

Instructions:

- Report to the College Health Center on time
- Bring your college ID card
- Wear college uniform
- Follow instructions from the healthcare staff

Note:

- This regular health check-up is a part of the college's initiative to monitor and promote the health and well-being of students.
- Health and Soft Skill Management Cell will decide the system of running this programme.
- Any student found to have health concerns will be referred to a specialist for further evaluation and treatment.

For any queries or concerns, please contact with (1) Mr. Priyankar Das, Assistant Professor, Sociology (2) Ms. Sudipta Ghosh, SACT, (3) Ms Dilbus Banu, SACT

> Dr.Alak Kumar Das Principal

PRINCIPAL Domkal Girls' College Domkal, Murshidabad